



DOJANG SCHEDULE

23 N. Main St
Attleboro, MA 02703
(508)226-0707

www.muhanma.com

* SPARRING CLASS

EFFECTIVE DATE 07/06/09

TIME	MON	TUES	WED	THURS	FRI	SAT
10:00-10:50		ADULT OPEN		ADULT OPEN		9:00-10:00 INSTRUCTOR LECT.
						9:45 Little Tigers
3:50-4:40	JUNIOR I BEGINNER	LITTLE TIGERS 4-6	JUNIOR I Sparring*	LITTLE TIGERS 4-6	JUNIOR I BEGINNER	10:00-10:50 JR OPEN
4:40-5:30	JUNIOR II BEGINNER	JUNIOR ADVANCED JUNIOR BB	JUNIOR II Sparring*	JUNIOR ADVANCED* Sparring	JUNIOR II BEGINNER	11:00-11:50 JR ELITE BASIC
5:30-6:20	JUNIOR ADVANCED	JUNIOR II BEGINNER	JUNIOR ADVANCED* Sparring	JUNIOR ELITE Sparring*	JUNIOR ADVANCED	11:00-11:50 ADULT OPEN
	ADULT OPEN	ADULT OPEN				
6:20-7:10		JR BO DAN	II DAN ADULT BB 6:30-7:50		ADULT ELITE SPARRING*	BIRTHDAY PARTIES AVAILABLE
		ADULT BO DAN		IL DAN ADULT BB		
7:10-8:00	ADULT BEGINNER	ADULT ADVANCED	ADULT BEGINNER	ADULT Sparring	ADULT OPEN	PLEASE INQUIRE IN THE OFFICE
	ELITE FITNESS					

JUNIOR BEGINNER (NO BELT – GREEN I)
ADVANCED (GREEN II – RED)
BO DAN (RED II – BO III)

ADULT BEGINNER (NO BELT – ORANGE)
ADVANCED (GREEN I – RED)